

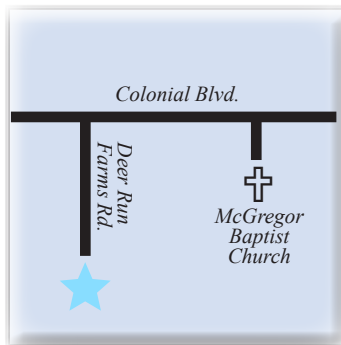
# Adult Crisis Stabilization Unit (ACSU)

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**Our mission is to provide mental health advocacy and quality services for our community.**

Lee Mental Health Center, Inc. has been your community behavioral health care provider since 1969. The Center is a private, non-profit organization governed by a volunteer Board of Directors. We are also a United Way Partner Agency funded, in part, through contracts with the State of Florida's Department of Children and Families, the Lee County Board of Commissioners, private donations and grants received from the Southwest Florida Community Foundation, Cape Coral Community Foundation, The Able Trust, the Gannett Foundation and the City of Fort Myers.

[www.leementalhealth.org](http://www.leementalhealth.org)

Lee Mental Health

# Adult Crisis Stabilization Unit (ACSU)



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## What is the Adult Crisis Stabilization Unit?

The Adult Crisis Stabilization Unit (ACSU) provides short term, inpatient crisis stabilization and support for persons who are either at risk of harming themselves or others due to a mental health crisis.

## What services are provided?

- Emergency inpatient psychiatric care with 30 beds, serving adults 18 and older.
- Short-term stabilization for persons in crisis.
- Baker Act receiving facility for Lee County.



## What can I expect?

A trained staff member will conduct an assessment of the crisis situation. Each client will be provided information in written form of their condition/situation, proposed treatment, such as physician appointments or admission to the unit. This information will be explained in detail and will include client input and participation.

## What is expected of me?

When a client consents to have Lee Mental Health provide an assessment, evaluation, treatment and/or consultative services, the benefits and drawbacks, expectations, likelihood of success and discharge planning are discussed as well as alternative interventions such as milieu enhancement activities, reading materials and other therapies. Clients receive written information on Lee Mental Health's policies regarding rights, responsibilities and privacy practices. Clients will also be given an explanation of their right to refuse treatment to the extent permitted by the law. Consent will expire when treatment is concluded.

## Why are people admitted to the ACSU?

People are admitted to the ACSU because they are a threat to themselves or others due to a mental illness.

## What are the most common disorders treated on the ACSU?

The most commonly seen disorders are schizophrenia, major depression and bi-polar disorder. People served have mental health, substance abuse and co-occurring disorders.

## How much does it cost?

Lee Mental Health utilizes a sliding fee scale based on poverty guidelines and applies it to services that are paid for by federal, state or local matching funds. Your fee for services through the Emergency Services program would be based on your total family income and the size of your family if you do not have insurance. If you have insurance, you are responsible for your co-payment and any fees that your insurance company will not cover.



**In case of  
emergency, dial  
(239) 275-4242  
or call 911.**