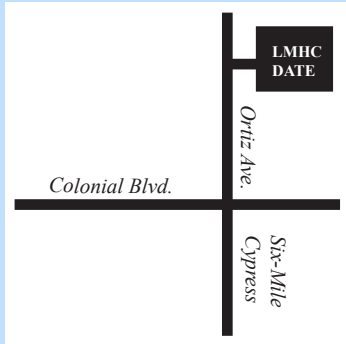


D.A.T.E.

Drug Abuse Treatment & Education

Please direct questions to the
Welcome Center at
(239) 275-3222 or the
Director of Residential Programs at
(239) 791-1579



2789 Ortiz Ave., Fort Myers, FL 33905

Lee Mental Health

Lee Mental Health provides mental health advocacy and quality services for our community.

Lee Mental Health Center, Inc. has been your community behavioral health care provider since 1969. The Center is a private, non-profit organization governed by a volunteer Board of Directors. We are also a United Way Partner Agency funded, in part, through contracts with the State of Florida's Department of Children and Families, the Lee County Board of Commissioners, private donations and grants received from the Southwest Florida Community Foundation, Cape Coral Community Foundation, The Able Trust, the Gannett Foundation, the City of Fort Myers and Ronald McDonald House Charities of Southwest Florida.

Lee Mental Health

2789 Ortiz Ave., Ft. Myers, FL 33905



Lee Mental Health

providing mental health advocacy and
quality services for our community.

D.A.T.E.

*A premier addiction and recovery
center in Lee County*

www.leementalhealth.org

What is D.A.T.E.?

D.A.T.E. (*Drug Abuse Treatment & Education*) is a substance abuse residential treatment program for substance dependence and co-occurring disorders. Our holistic, mind/body and hope-focused approach distinguishes D.A.T.E. from other treatment programs.



D.A.T.E. treats the *whole person*, not just the “addiction.” We treat the underlying problems -- identifying a root cause, creating balance and providing persons with alternative coping skills to maintain that healthy balance.

**Priority admission status will be given to pregnant females and women with children.*

What can I expect?

Clients work with their treatment team to develop and implement a vision of their future; one that is positive, successful and substance-free.



An individual plan of treatment is developed with a holistic and unique focus on your needs. It takes into account your family, environmental experiences, personal experiences and preferences all in an effort to drive your plan and your success.

Lee Mental Health

www.leementalhealth.org

Services offered

- Experiential/Creative Arts Groups
- Self-Recovery Principles
- Gender-Specific Groups
- Coping Skill Specific Groups
- Relaxation Techniques
- Family Group
- Introduction to Community Supports
- Linkage to Safe and Sober Living
- Individual Therapy
- Nursing Oversight
- Psychiatric Care
- Medical Evaluation
- 12-Step Introduction
- Physical Fitness/Exercise
- Recovery Planning



Questions?

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