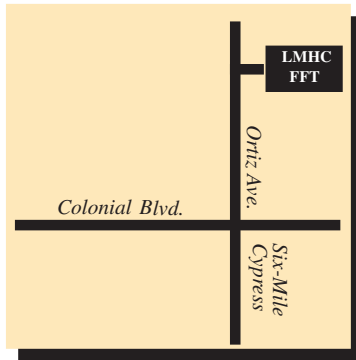


Functional Family Therapy



2789 Ortiz Ave.
Fort Myers, FL 33905

Lee Mental Health

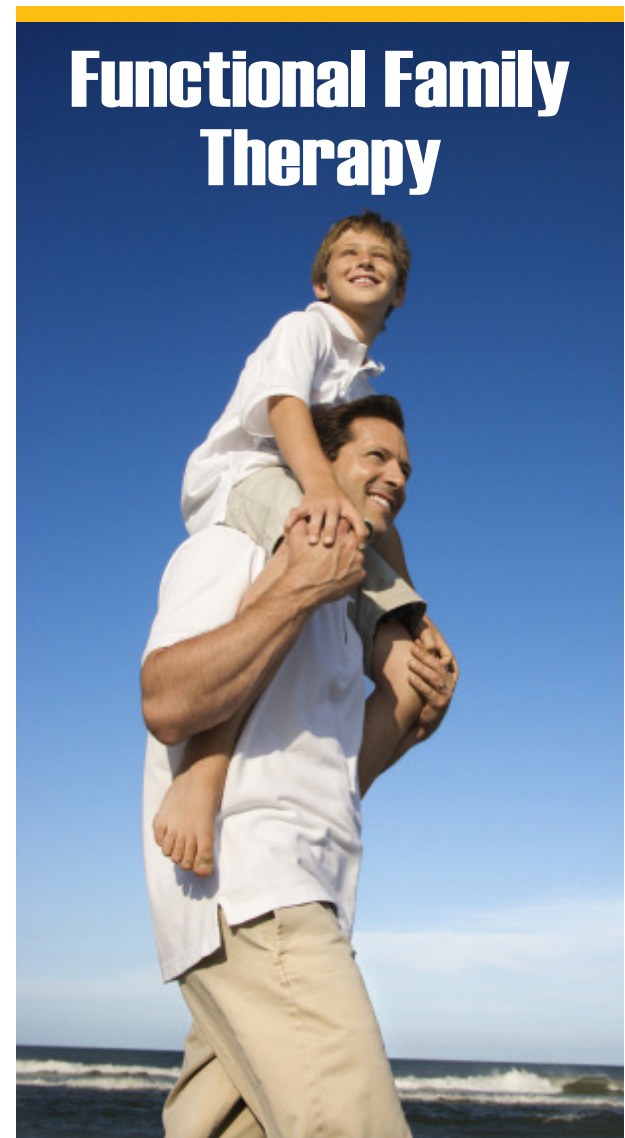
Our mission is to provide mental health advocacy and quality services for our community.

Lee Mental Health Center, Inc. has been your community behavioral health care provider since 1969. The Center is a private, non-profit organization governed by a volunteer Board of Directors. We are also a United Way Partner Agency funded, in part, through contracts with the State of Florida's Department of Children and Families, the Lee County Board of Commissioners, private donations and grants received from the Southwest Florida Community Foundation, Cape Coral Community Foundation, The Able Trust, the Gannett Foundation, the City of Fort Myers, Ronald McDonald House Charities of Southwest Florida and the Claiborne and Ned Foulds Foundation.

www.leementalhealth.org

Lee Mental Health

2789 Ortiz Ave., Ft. Myers, FL 33905



Lee Mental Health

The Functional Family Therapy program is sponsored by Evidence-Based Associates and the State of Florida Department of Juvenile Justice.

www.leementalhealth.org

Functional Family Therapy (FFT)

Functional Family Therapy (FFT) is a treatment program for families and youth ages 11 to 18 who are involved with the juvenile justice system. This evidenced-based family intervention has a high rate of effectiveness that has been recognized by the Office of Juvenile Justice and Delinquency Prevention, The Center for Substance Abuse Prevention and The U.S. Surgeon General's Report on Youth Violence.

FFT includes therapy for the individual youth and family to teach effective communication skills, problem-solving skills, behavior strategies, anger management skills, social skills training, parent education and other specialized techniques to address mental health diagnoses such as conduct disorder, oppositional defiant disorder and drug abuse.

The behaviors associated with various disorders such as violence, school problems etc., and parent-child/family conflict issues will also be addressed using a systematic treatment model.

CONFIDENTIALITY

All information is held in the strictest confidence to protect the privacy of the child and family. The parent or guardian must give written consent to release information. Community Action Team (CAT) members are mandated reporters. If the team suspects abuse or neglect of the child or and elder person the team is required by state statute to report the suspected abuse or neglect to the Department of Children and Families.

Who is Eligible to Participate?

The resources of the FFT team are available to families in Lee and Collier Counties who have an adolescent ordered to complete supervised probation, is completing Post Commitment Probation, or Condition Release requirements as established by the court. FFT is offered as an alternative to residential commitment. Youth must be referred by either the judge or their juvenile probation officer.



FFT is a family-based treatment, so service is provided to all family members and may include others involved in the adolescent's care. Therapy is completed over a three-month period, with sessions scheduled once per week at flexible times and in multiple locations so families are able to sustain the commitment to the program.

Lee Mental Health's VISTA campus is also available to assist families, 24-hours-a-day, seven days a week. For an emergency, dial (239) 275-4242 or call 911.

Psychiatric Services

Psychiatric services are available for your child. A Community Action Team (CAT) member will assist in referring your child to a psychiatrist for medication management.

Children's Crisis Unit (CSU)

Children requiring emergency stabilization may be admitted to this unit when Baker Act requirements are met.

Emergency Services (ES)

Emergency Services are available 24/7 for children requiring immediate attention.

